

SHITO-RYU KARATE-DO GENBU-KAI

PRINCIPLES OF LIFE

日本空手道五訓

Know yourself.

一 自己を知りて

Don't become an enemy to anyone.

二 自らの言を遂げよ

Always follow through on commitments.

三 自己の決めたことは最後まで実行せよ

Hold strong convictions that cannot be altered by difficult times.

四 初対面の環境に心を配り、第一印象を大切にせよ

Be certain to make a good first impression.

五 人々の意見を大切にせよ

Respect the opinions of others.

六 人の善見と善言を忘れず

Never forget to be appreciative.

七 常に感謝の気持ちを忘れず

Always make your strongest effort.

八 何事にも最善の努力をせよ

Have a plan for your life.

九 人生の目標を定めよ

Never forget your "beginner's spirit."

(Never forget where you came from.)

十 初心を忘れず

志村嘉